

## Testimonials: The Eden at Home Series

*“What an awesome experience! I must admit that the three days were even more than I bargained for – inspiring, stimulating, and emotionally super-charged. Thank you for providing such an excellent learning opportunity.”*

Brian Levitan  
Certified Eden at Home Trainer

*“I have worked in the medical field for over 10 years and was able to take care of my father’s medical and physical needs. However, I didn’t know I was neglecting him emotionally and mentally until I took an Eden at Home workshop. Eden at Home helped me give my father his independence back.”*

Noria Day  
Participating Care Partner



*“I remember a time when my father told me he was giving up, that he was ready to die. He became mostly catatonic, and my mother was prone to breaking down in tears because she felt so helpless. I also let the stress get to me, and I fell into depression myself. The techniques I learned from Eden at Home and the way my thinking changed really helped all of us. My father has become more responsive, and I no longer exclude my mother from the tasks of caring for my father. We don’t say goodbye now without sharing a long hug and him telling me ‘thank you’ and ‘I love you’ when he can find the words. As a trainer, maybe I can positively impact the lives of others and help them recover as my family has.”*

Robert Loyd,  
Participating Care Partner & EAH Volunteer Trainer

*“Eden at Home Trainer Certification resonated powerfully with my values and passion as a Social Worker, and challenged me to think much more broadly about my work with Elders and their Care Partners. I am growing personally and professionally through what started here in Eden.”*

Lisa Kendall  
Certified Eden at Home Trainer  
Ithaca, NY

*“Eden at Home has shed light on my dealings with my father and grandmother. I was only thinking of what I needed to do for them, rather than how they were feeling. I never really understood how to deal with dementia until I took this class.*

Tammy Hampton  
Participating Care Partner

*“I recommend Eden at Home workshops to any and everyone -- caregiver or not. EAH gives you a better attitude towards others and yourself. We are all in this together!”*

Brenda Clark  
Participating Care Partner

*“What I learned in the Eden at Home workshops helped me to reframe my whole perspective on caregiving. With the tools I gained from the workshops, caregiving has become a much more positive experience for me.”*

Esther Ueda  
Participating Care Partner

*“Our clinic director was so touched by my experience at the workshop that she feels this would be an excellent training for every employee in our clinic. Providing this training for all our clinic employees will become one of our QI projects for the year. It is exciting to think that the commitment to make a difference that was rekindled in that May training is going to spread to many more passionate individuals who work with elders and their families every day.”*

Sandy Sanders  
Certified Eden at Home Trainer